



Girls' Sizing - Leotards and Biketards

	XS 3-4	Small 5-6	Medium 7-9	Large 10-12
Bust	21	22.5	24-25	26-28
Waist	19.5	21.5	23	24
Hips	22	23.5	25.5	28
Girth*	37-39	40.5-43	44-46	47-49

*To measure girth, take a tape measure from the top of the shoulder, between legs, and up the other side of the body to the top of the same shoulder.

Women's Sizing - Activewear

	Adult XS	Adult Small	Adult Medium	Adult Large
Bust	28-30	30-32	32-35	36-38
Waist	24-25	25-26	27-28	29-31
Hips	31-33	33-35	35-37	38-40